

OCTOBER 2024 TO DECEMBER 2024

Dear Friends and Supporters,

Welcome to the latest edition of the Veerni Project Newsletter! As we step into the new year, we are excited to share updates on our recent activities organized during this quarter.

This issue highlights the progress of the Veerni Institute building, which began construction on October 4, 2024. We also share heartwarming stories from our recent excursion to Mount Abu, where the girls experienced the beauty of nature and bonded through various activities.

In this edition, you will read about the inspiring visit from our Veerni graduates, who returned to share their success stories and motivate our current students.

Additionally, we successfully organized the second camp for HPV vaccination, ensuring the health and well-being of our students. Our commitment to holistic development continues with regular health care activities and sports programs, ensuring the physical fitness and overall well-being of Veerni girls.

As always, we deeply appreciate the continued support of our donors, partners, and well-wishers who make it all possible. Your involvement in our journey helps us bring about meaningful change, one girl at a time.

Mahendra Sharma Director

Veerni Sansthan



THE VEERNI PROJECT

Newsletter - 3rd Quarter, 2024 Edition

October 2024 to December 2024

As we wrap up another quarter at The Veerni Institute and Veerni Balika Centre, we are excited to share the ongoing educational activities, and special events, conducted at Veerni Project.

Educational Programs at the Veerni Institute & Veerni Balika Centre

Daily School Attendance: The Veerni girls continue their educational journey at *Modern Senior Secondary School*, where they attend classes from 7:30 AM to 1:30 PM every day. This ongoing partnership with school ensures that the girls receive a comprehensive academic experience alongside our additional support programs.

Extra Tuition Classes: Our dedicated staffs at the Veerni Institute and Balika Centre regularly conduct extra tuition sessions to reinforce the girls' learning in key subjects. These additional classes help the girls stay on track and excel in their studies.

Computer Literacy: We are proud to offer daily computer classes at both the Veerni Institute and Veerni Balika Centre, led by a qualified computer teacher. These sessions provide essential digital skills that empower the girls for their future academic and professional pursuits.

Online Learning Support: At the Veerni Institute, we continue to enhance the learning experience with our state-of-the-art smart classroom. Senior students (Classes 9-12) receive online lessons that complement their regular coursework, ensuring they have the tools and resources needed to excel.

Half-Yearly Exams: The half-yearly exams took place from December 7th to 24th. While the exams were conducted smoothly, we are still awaiting the final results, which will provide valuable insights into each student's progress.

The Student Cabinet

The Veerni Institute has continued its commitment to fostering leadership and responsibility among our girls by maintaining the student cabinet. This has proven to be a valuable platform for our students to develop essential skills and take on meaningful roles within the community.

Cabinet Members and Responsibilities for 2024:

| SL No. | Name of Minister | Department |
|--------|------------------|-----------------------------|
| 1 | Pooja | Food |
| 2 | Diksha | Education |
| 3 | Bhagyashree | Administration and Cleaning |
| 4 | Hemangi | Water |
| 5 | Jaishree | Health |
| 6 | Khushbu | Sewing |
| 7 | Mamta | Sports |
| 8 | Premlata | Electricity |
| 9 | Radhika | Entertainment |
| | | |



Each minister has been diligently managing their respective departments, fostering a sense of responsibility and leadership. For example, Pooja, our Food Minister, ensures nutritious meal planning, while Diksha, the Education Minister, supports her peers academically.

The girls have gained hands-on experience in various aspects of daily life and community welfare, from maintaining cleanliness to organizing sports activities.

Participation in the cabinet has significantly boosted the girls' confidence and their ability to take initiative. These experiences are shaping them into future leaders who are ready to tackle challenges head-on.

By managing their departments, the girls are learning teamwork, decision-making, and problem-solving skills that will be invaluable as they pursue their dreams and contribute to their communities.

This ongoing initiative not only strengthens the girls' leadership abilities but also prepares them for the future, ensuring they are well-equipped to make positive contributions to society.

<u>Updates on Recent Activities: Refreshments & Hygiene Kit Distribution</u>

As part of our ongoing commitment to the well-being of the girls, we continue to distribute refreshments and hygiene kits as part of our regular activities.

Refreshments Distribution: The girls have continued to enjoy a variety of delicious refreshments as part of our effort to bring joy and comfort to their daily routines. These treats not only provide nourishment but also contribute to building a sense of community and celebration within the Veerni Institute. In addition to these special treats, we continue to plan more such activities that bring happiness to the girls and foster a positive and supportive atmosphere at the institute.

Hygiene Kit Distribution: Promoting hygiene is a priority at the Veerni Institute, and we have made significant strides in ensuring that every girl has access to the necessary resources to maintain personal cleanliness and health. The hygiene kits, distributed regularly, contain essential items to support their daily hygiene routines. Hygiene Kits Include: Bath soap, Washing soap, Cloth cleaning brushes, Shampoo, Hair oil, Toothpaste, Toothbrushes. These kits are a crucial part of our ongoing effort to maintain good hygiene practices, which is vital for both health and overall well-being. The distribution of hygiene kits will continue regularly, reinforcing the importance of cleanliness and self-care among the girls.











By providing both nutritional and hygiene support, we are not only ensuring the physical health of the girls but also helping them develop healthy habits that will last a lifetime.

Sports Activities at Veerni Institute

Sports are an essential part of daily life at Veerni Project. Led by Mr. Maan Singh, the PT teacher, the girls participate in a variety of activities such as Kabaddi, handball, badminton, tug of war, PT drills, and skipping rope. These activities are regularly organized to promote physical fitness, teamwork, and overall well-being among the girls.

Progress Update on the Formation of the House System

Since the introduction of the House System on July 15th, the girls at the Veerni Institute have been actively engaging in sports and activities that foster teamwork, leadership, and friendly competition. The system, which divided the students into four houses—Alpha, Brewo, Charly, and Delta—has been a resounding success, with each house consisting of 28 students. The House System continues to promote a spirit of camaraderie and collective effort among the girls.

The girls have been practicing regularly within their respective teams, preparing for various upcoming inter-house competitions. These competitions will test their physical abilities, teamwork, and sportsmanship, giving each house a chance to showcase their talents and work towards achieving common goals.

The House System has proven to be much more than just a sports initiative—it has become a platform for teaching essential life skills. Through participation, the girls are developing a sense of responsibility, cooperation, and perseverance, while also learning how to handle both victory and defeat with grace. These experiences are contributing to their overall growth, helping them build confidence and leadership qualities that will benefit them long into the future.

As we move forward, the house system will remain a cornerstone of our efforts to nurture not only the physical well-being of the girls but also their personal development and sense of community.







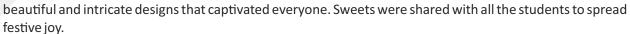




Events and Celebrations at Veerni Institute

Motivational Movie Sessions: To inspire and uplift the students, Veerni organizes weekly motivational movie screenings every Sunday. These movies provide the girls with a chance to unwind, stay motivated, and feel rejuvenated for the week ahead.

Diwali Celebrations: The Veerni Institute celebrated the joyous festival of Diwali on October 20th with enthusiasm and cheer. The Veerni girls participated in a Rangoli competition, showcasing







Career Counseling: The Agniveer Scheme: On October 17th, 2024, Veerni's Physical Education Teacher, Mr. Maan Singh, conducted an insightful career counseling session for the Veerni girls in classes 9 to 11. The session focused on the Agniveer Scheme, a government initiative that opens up exciting opportunities for young women, including the chance to serve in the Indian Armed Forces. Launched by the Indian Government, the Agniveer Scheme is designed to recruit young individuals into the Armed Forces for a short-term tenure of four years. The scheme aims to provide comprehensive training in military skills, discipline, and leadership, while also offering personal and professional growth. It is a pioneering initiative that encourages the inclusion of women in military roles, empowering them to serve the nation.

During the session, Mr. Maan Singh explained the key benefits of the Agniveer Scheme to the girls. He highlighted the career opportunities available through the program and discussed how it can serve as a stepping stone to secure a good job in the future. The Agniveer Scheme not only offers training and experience in the military but also provides post-service benefits that include educational and vocational opportunities. This means that the girls who join the program will not only gain valuable life skills but also access to resources that will help them build a strong career post-service.

Veerni is committed to empowering the girls through the Agniveer Scheme by providing them with necessary training resources and mentorship to prepare them for the selection process. To ensure that the girls are well-equipped to take on the challenges, professional trainers and ex-army officials will be brought in to guide and support them throughout the preparation.

This career counseling session was a great initiative to inspire the girls to consider a career in the Armed Forces, thereby challenging traditional gender roles and empowering young women to break barriers. The Agniveer Scheme will not only enable these girls to pursue a career in the military but also serve as a role model for other young women in their communities, encouraging them to take bold steps towards their own career aspirations.

At Veerni, we are dedicated to opening doors of opportunity for the girls, and through programs like the Agniveer Scheme, we are helping them build the confidence and skills necessary to secure their future and make a meaningful impact in society.



Inspiring Visit from Veerni Graduates: To motivate and inspire the current Veerni girls, we were pleased to invite some of our successful alumni back to the Veerni Institute. Ms. Nandni a former Veerni student, shared her remarkable journey with the girls. She spoke about overcoming struggles and obstacles, urging the girls to stay passionate and focused despite challenges. She encouraged them to continue their studies even after graduation. Ms. Mamta, another Veerni graduate and now a nurse, also visited and motivated the girls to keep progressing and developing their skills for a brighter future. Additionally, a top performer from last year's 12th grade, who scored an impressive 94%, was invited to share her study techniques and tips for achieving academic success. The girls thoroughly enjoyed hearing these inspiring stories and learning from the experiences of their seniors.







Excursion to Mount Abu: On October 10, 2024, Veerni organized a trip to Mount Abu for all 112 Veerni girls. The journey was made in two hired buses, with all Veerni staff accompanying the girls to ensure their safety and well-being.

The bus ride was filled with excitement as the girls eagerly anticipated the day's activities. They enjoyed singing songs, dancing, and sharing stories during the trip. Upon arrival, they visited key attractions, including the Dilwara Temples, Nakki Lake, and Guru Shikhar Peak. The intricate carvings at the Dilwara Temples and boating on Nakki Lake were particular highlights.

A trek to the Guru Shikhar Peak offered stunning views and a chance for the girls to challenge themselves. The day's activities also included team-building exercises and educational sessions, promoting unity and personal growth.

The trip was well-organized, with all necessary arrangements for travel, meals, and activities. The safety and comfort of the girls were a top priority, ensuring the trip was both enjoyable and secure.

Overall, the excursion to Mount Abu was a great success. It provided the Veerni girls with an opportunity to explore new places, create lasting memories, and enjoy a day of fun and learning outside the classroom. Veerni looks forward to organizing more such trips to support the girls' development and provide them with experiences that will stay with them for years to come.



Parents Meetings at Veerni: Parents arrived at Veerni Institute to connect with their daughters and understand their progress. The Veerni staff engaged with the parents, providing updates on their daughters' academic performance and involvement in extracurricular activities. The following parents meetings were held during this quarter:

| | S. No. | Date |
|--|--------|------------|
| | 01 | 06.10.2024 |
| | 02 | 13.10.2024 |
| | 03 | 01.12.2024 |
| | 04 | 08.12.2024 |





Ongoing Health Care Activities

At Veerni, health care is a top priority. Our dedicated nurse, Ms. Vimlesh, is present daily to provide health services and support for the girls. Additionally, every Wednesday, Dr. Aabhay Singh Deora visits to conduct medical examinations and follow-up consultations. The medical team ensures that each girl's health is closely monitored by maintaining comprehensive medical records.

HPV Vaccination Program Update:

The HPV Vaccination Program continues to progress successfully as part of our ongoing efforts to enhance the health and education of the girls at the Veerni Institute. This vital program, aimed at preventing cervical cancer, is making significant strides, and we are pleased to share the latest developments with our supporters.

Second HPV Vaccination Camp: On October 15th, 2024, Veerni successfully conducted its second HPV Vaccination Camp with the expert guidance of a team of professional doctors from School Health Pro, an organization that includes doctors from AIIMS Jodhpur. This camp built upon the success of the first vaccination event, held earlier in the year.

The second camp administered the scheduled doses of the HPV vaccine to the remaining Veerni girls, ensuring that all participants are on track for complete vaccination coverage. Dr. Kalika, a key medical professional involved in the program, once again provided an informative session, educating the girls about the HPV virus, the importance of the vaccine, and how it helps prevent cervical cancer.

HPV Vaccine Status:

Fully Vaccinated: 11 girls aged 9-14 have completed their HPV vaccinations. **Second Dose Pending:** 58 girls aged 9-14 are due for their second dose.

Third Dose Pending: 42 girls aged 15 are due for their third dose of the HPV vaccine.

The second and third doses will be administered to the remaining girls during the next health camp, scheduled for February 2025.

Our goal remains to ensure that all 112 targeted girls receive the full vaccination schedule, and we are pleased to report steady progress

We would like to extend our heartfelt thanks to Ms. Deeya Sharma and WE CARE USA for their generous financial support, which has been instrumental in making this program possible. Their ongoing commitment allows us to provide life-saving healthcare to the girls and further our mission of improving their health and well-being.





Village Literacy Centre at Meghwalon Ki Dhani

We are delighted to announce that the Village Literacy Centre at Meghwalon Ki Dhani is thriving. The girls are enthusiastic about attending the classes, and parents are equally invested, with many expressing a keen interest in enrolling their daughters in the Veerni Institute after they complete the literacy centre program.

Since reopening on July 1st, the centre has been dedicated to fostering essential literacy skills in reading, writing, and basic mathematics. This initiative also prepares the girls for the Veerni entrance exam, enabling them to continue their education. Mr. Jeevan Ram, a committed and experienced teacher, leads the program.

Currently, around 20 girls from 5th to 9th grade (ages 7-10) are benefiting from the literacy centre. Classes are conducted daily from 4:00 PM to 6:00 PM, with additional support provided to those who need it. Veerni has supplied all necessary learning materials, including workbooks, notebooks, and pencils.

Veerni is thrilled to witness the positive response from the community and the significant impact this program is having on girls' education.



Construction of Veerni Institute Building

On October 4, 2024, Veerni took an exciting step toward building a brighter future for young girls with the commencement of construction for the Veerni Institute in Jodhpur, Rajasthan. A small "Puja" ceremony marked the occasion, with the Veerni team, the architect, and his staff gathering to seek blessings for the project's success.

The Veerni Institute will provide a safe, supportive, and comprehensive environment for girls. Located close to our existing institutions, the building will accommodate 150 girls.

The Veerni Institute building is designed to consist of a ground floor plus two additional floors, accommodating a total of 150 girls. In the first phase of construction, the ground floor and the first floor will be built, housing 80-90 girls, and will lay the foundation for future expansion. The Veerni Institute will feature classrooms, a computer lab, a library, science lab, dormitories, and recreational areas.

We are excited to witness the Veerni Institute coming to life and deeply appreciate the ongoing support from all of Veerni's supporters.



Visitors at Veerni

On October 3, 2024, Ms. Ella Meyer, a distinguished lawyer and close friend of Mr. Pierrer (former president of the Fondation Veerni), visited the Veerni Institute. She received a warm welcome from the Veerni girls, who guided her through all the activities and facilities at the institute. Ms. Meyer engaged in meaningful interactions with the girls and was highly impressed by the impactful work being done by Veerni.

• On November 14, 2024, Mr. Nick Allan and Mr. Jonny visited the Veerni land to review the progress of the ongoing construction. They expressed their satisfaction and were pleased to see the significant advancements in the building project.



Conclusion:

As we wrap up this edition of the Veerni newsletter, we are grateful for the ongoing support and dedication that makes all of our initiatives possible. From the progress of the new building to the inspiring experiences shared by our alumni, every step forward is a reflection of the collective effort of our staff, supporters, and the Veerni community.





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